

**Report to:** East Sussex Health and Wellbeing Board

**Date of meeting:** 19 July 2016

**By:** Director of Adult Social Care and Health, East Sussex County Council;  
and Chief Officer, High Weald Lewes Havens Clinical Commissioning  
Group

**Title:** Connecting 4 You Programme

**Purpose:** To inform the Health and Wellbeing Board of the development of the joint  
health and social care Connecting 4 You programme, by High Weald  
Lewes Havens Clinical Commissioning Group and East Sussex County  
Council

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## **RECOMMENDATION:**

**The Board is recommended to consider and note the development of the Connecting 4 You programme**

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### **1 Background**

1.1 This report provides an update on the Connecting 4 You programme: a new transformation programme being created in partnership between the High Weald Lewes Havens Clinical Commissioning Group (HWLHCCG) and East Sussex County Council (ESCC). Connecting 4 You is being developed to address the specific population needs and geographical challenges to the delivery and sustainability of NHS and social care services in the High Weald, Lewes and Havens (HWLH) health and social care economy area.

1.2 The national picture for NHS and social care services is very challenging. The key issues are:

- Councils and NHS organisations are facing unprecedented financial challenges.
- People are living longer, and often with complex health conditions. Due to this, demand for NHS and social care services is increasing.
- People are expecting more from their NHS and social care services. They want to be able to choose what services they have, and how they are delivered.
- There are clear Government expectations that health and social care economies will transform and integrate; NHS and social care services will consolidate effort and that there will be a shift towards preventative approaches that support people to live independently in their own homes and communities for as long as they can.

1.3 The health economy area overseen by the HWLHCCG is very complex. It covers an area in the midst of three acute hospital systems, and adjoins four city and county boundaries (Brighton and Hove, West Sussex, Surrey and Kent).

1.4 HWLHCCG and ESCC are developing the Connecting 4 You programme in order to address the specific population needs, geographical challenges and arrangement of services in a way that recognizes the patient flows of the HWLH area.

1.5 HWLHCCG is also part of the broader NHS England Sustainability and Transformation Plan (STP) footprint area, which covers East and West Sussex, Brighton and Hove and East Surrey council areas. The purpose of the STP is to establish clinical and financial sustainability across its

footprint. It is intended that in future health strategy should be developed at the most appropriate geographical scale to meet local needs with provision better co-ordinated to make best use of collective resources and ensure common high standards of quality. A key element of the principles being applied to the Sussex and East Surrey STP is the role placed based leadership and whole systems working will play in delivering sustainable health and social care. It is expected the STP will influence the considerations of HWLHCCG in relation to the Connecting 4 You programme, and vice versa.

## **2 Financial information**

2.1 In 2015/16, the total annual NHS and adult social care spend in the HWLH area was £257.7m. In addition to this, just under £8.3m was spent in 2015/16 in HWLH on public health services. As noted, councils and NHS organisations are facing unprecedented financial challenges. **Appendix 1** shows the scale of the challenge for the HWLH health and social care economy, with the potential for an increased funding pressure of approximately 25% for the system by 2020/21. The Connecting 4 You programme will develop and implement service transformation that will help to address this challenge.

2.2 The developing programme will support the delivery of the requirements of the NHS Outcomes Framework, the five key domains of which are shown below.

- Preventing people from dying prematurely
- Enhancing quality of life for people with long term conditions
- Helping people to recover from episodes of ill health or from injury
- Ensuring that people have a positive experience of care
- Treating and caring for people in a safe environment and protecting them from avoidable harm

2.3 Delivery of these requirements through the developing programme will support HWLHCCG to meet the challenges of the local implementation of the NHS Five Year Forward View.

2.4 The developing programme will also address the ESCC priority outcomes:

### **Keeping vulnerable people safe**

- All vulnerable people in East Sussex are known to relevant local agencies and services are delivered together to meet their needs
- People feel safe at home
- People feel safe with support services

### **Helping people help themselves**

- Commissioners and providers from all sectors put people first when providing services and information to help them meet their needs
- The most vulnerable adults get the support they need to maintain their independence and this is provided at or close to home
- Individuals and communities are supported and encouraged to be responsible, help others and make the most of community capacity and assets

### **Making best use of resources**

- Applying strategic commissioning to ensure that resources are directed to meet local need
- Working in partnership to ensure that all publicly available resources are used to deliver maximum benefits to local people
- Ensuring we achieve value for money in the services we commission and provide

### 3 Supporting information

3.1 The Connecting 4 You programme will be delivered in partnership with Sussex Community Foundation Trust, Sussex Partnership NHS Foundation Trust and Brighton Sussex University Hospitals Trust. The programme will be developed with the full involvement of Healthwatch East Sussex, patients, clients, carers, independent sector and voluntary and community sectors.

3.2 At present, Connecting 4 You is at an early stage of development. The programme will build upon the progress that was achieved through the earlier involvement with the East Sussex Better Together programme, and where applicable this work will inform the focus on the specific needs of the HWLH population.

3.3 Key areas of work in the Connecting 4 You programme will be as follows:

- Develop community and personal resilience to promote health and wellbeing, and to prevent avoidable ill health.
- Coordinate supportive services, technology, equipment and accommodation-based solutions to enable people to live independently in their own homes and communities.
- Appraise the capacity and use of the community NHS and social care bed base
- Align and integrate local health and social care, based on four Communities of Practice: Newhaven and Peacehaven, Lewes, Uckfield and Crowborough areas
- Strengthen responsive joint services that help people to avoid unnecessary hospital admission, hasten discharge, and support people in times of need, e.g. intermediate care, re-ablement, crisis response, night support.
- Improve the urgent care system, through better use of community approaches and improved community based urgent care capacity and capability.

3.4 In addition, the Connecting 4 You programme will encompass the agreed East Sussex approaches to the improvement of Children and Young People services. The programme will also incorporate the development of a Mental Health Strategy for the HWLH population.

3.5 A programme structure highlighting key areas of work and showing linkages with existing activity is attached at **Appendix 2**. A diagram setting the model of care and key work streams is attached at **Appendix 3**. A detailed implementation plan will be developed. Public, staff and stakeholder engagement forms part of the programme, including Healthwatch East Sussex. It is planned that the implementation phase of the Connecting 4 You programme will commence in September 2016, and that the transformational programme of activity will take place over the next three to five years.

### 4. Conclusion and reasons for recommendations

4.1 The Health and Wellbeing Board is requested to consider and note the development of the Connecting 4 You programme, as set out in the report.

**WENDY CARBERRY**

**Chief Officer, High Weald Lewes Havens Clinical Commissioning Group**

**KEITH HINKLEY**

**Director of Adult Social Care and Health, East Sussex County Council**

Contact Officer: Hugh Evans  
Tel. No. 07792 018789  
Email: [hugh.evans@eastsussex.gov.uk](mailto:hugh.evans@eastsussex.gov.uk)

### LOCAL MEMBERS

This report directly affects Members who represent electoral divisions which fall within the High Weald Lewes Havens Clinical Commissioning Group area.

### BACKGROUND DOCUMENTS

None